



Humanitarian Education Leadership Project

Dear Applicant,

On behalf of the Care For Life team, I thank you for your interest in our programs and invite you to participate as a Humanitarian Leadership Project (HELP) volunteer in Mozambique.

Care For Life was born of a desire to help those in need. During the first fact-finding trip to Mozambique in 2000, we saw the dire poverty of Mozambique and realized that even small efforts could make a difference. We knew we had resources and knowledge to share and friends who could do the same. Care For Life is an Arizona non-profit corporation and a U.S. 501(c)(3) charitable organization.

Our guiding philosophy is, "Go to the people, live with them, learn from them, love them, work with them, start with what they have, build on what they know, and in the end the people will rejoice: 'We have done it ourselves?'" We want to help the people help themselves.

Living and working with the people of Mozambique has led us to love them. Care For Life has met with and listened carefully to their government leaders, educators, local agents and the people themselves to understand their primary problems. They have helped us understand what solutions they see and how we can help in the most effective and sustainable ways.

Being a HELP volunteer provides a once-in-a-lifetime experience in one of the most beautiful places on earth. Mozambique is green and lush with beautiful beaches. However, Mozambique is ranked among the world's poorest countries. Wars, floods, draughts, and extreme poverty left the people of this country destitute and in need of help.

Participants have the opportunity to explore and enhance their unique skills and abilities through activities in local communities and orphanages. Volunteers interact extensively with the children in Mozambique teaching them basic vocational skills, and giving service time in local orphanages. Participants will also help with building or repair projects in the community. You will receive training in all the skills you will need to be an effective volunteer in Mozambique.

All participants must be at least 18 years old before departing to Mozambique and will be required to adhere to a strict code of conduct, HELP dress codes, and safety rules. Each volunteer will also be required to attend a training day held in the spring. Training workshops will be scheduled in Arizona, and Utah.

To Secure Your Spot

- 1) Please fill out and submit a HELP team volunteer application.
- 2) Please submit your non-refundable deposit of \$500 with your application. This money tells us you are serious about your commitment and will secure your spot on the team. The remainder of your \$2000 will be due at least 60 days before your departure date. If for some reason you are not accepted to the program, or there are not enough volunteers to fill a team, your \$500 will be refunded. The \$2000 pays for your expenses while in Mozambique, and funds projects and programs of the HELP teams. Not covered is your travel to Mozambique, personal spending money, and other costs associated with preparation to go to Mozambique (passport, visa, immunizations, malaria meds, etc).
- 3) Secure your travel arrangements. You will be required to make and pay for your travel to Beira, Mozambique. All members of the team are required to be on the same flight from Johannesburg, South Africa to Beira, Mozambique on the first day of your team. You will receive information on how to do this with your team packet on the travel planning page.
- 4) Sign and return the contracts, waiver, and release forms in the summer volunteer program packet.
- 5) Attend training workshop in either Arizona or Utah in the spring. Dates and places will be sent out in January.

Return Application and deposit to:

Julie Peterson
CFL Volunteer Chair
2904 E. Libra St
Gilbert, AZ 85234

Make check payable to: **Care For Life**

Remember the earlier you send in your application the more likely there will be a spot for you! Also, your flight to Africa will likely be cheaper the farther ahead you make travel plans.

I look forward to working with you!

Julie Peterson
CFL Volunteer Chair
480-981-1221
julie.peterson57@gmail.com



To guarantee a spot on a team please fill out and send in your application as soon as possible. Include a \$500 non-refundable deposit. This deposit will go toward your \$2000 team fee. Balance will be due at least 60 days before your departure. If you are not placed on a team the deposit will be refunded.

TEAM PREFERENCE

Check your team preference. The first day is the day your team begins in Mozambique. You will need to plan your travel to arrive in Johannesburg, South Africa before the team flight into Mozambique on the first day of your team.

June 6 - June 30 July 4 - July 28

PERSONAL INFORMATION

FULL NAME _____

CURRENT ADDRESS _____

PREFERRED NAME _____

CITY _____ STATE _____ ZIP CODE _____

AGE _____ GENDER MALE FEMALE

PERMANENT ADDRESS _____

PHONE _____ CELL PHONE _____

CITY _____ STATE _____ ZIP CODE _____

EMAIL _____

BACKGROUND INFORMATION

LIST YOUR EDUCATION AND PREVIOUS VOLUNTEER EXPERIENCE.

PERSONAL REFERENCECES

REFERENCES SHOULD NOT INCLUDE RELATIVES. CHURCH LEADERS, TEACHERS, EMPLOYERS ARE PREFERRED.

NAME _____

NAME _____

PHONE _____ EMAIL _____

PHONE _____ EMAIL _____

ADDRESS _____

ADDRESS _____

MEDICAL HISTORY

BLOOD TYPE _____

PLEASE LIST/DESCRIBE ANY ILLNESSES, INJURIES, OR OPERATIONS YOU HAVE HAD.

LIST ANY MEDICATIONS, INCLUDING INHALED ASTHMA MEDICATION THAT YOU ARE TAKING

HAVE YOU EVER SUFFERED FROM ANY PSYCHIATRIC OR PSYCHOLOGICAL PROBLEM INCLUDING ANXIETY OR DEPRESSION?

PLEASE LIST ANY ALLERGIES

HAVE YOU EVER BEEN CONVICTED OF A CRIME? _____

EMERGENCY CONTACT INFORMATION

NAME _____ PHONE _____ CELL PHONE _____

EMAIL _____ RELATIONSHIP _____

THE ABOVE INFORMATION IS TRUTHFUL AND COMPLETE

SIGNATURE _____

SUBMIT THIS COMPLETED APPLICATION TO:

JULIE PETERSON
2904 E. LIBRA ST.
GILBERT, AZ 85234

(480)981-1221
julie.peterson57@gmail.com
HELP Team Coordinator